

# JULY 2019.



# GAME ON!



NRPA'S PARK AND RECREATION MONTH - JULY 2019



SUN	MON	TUE	WED	THU	FRI	SAT
	<b>1</b> PLAY <b>TENNIS</b> WESTLAKE SPORTS CENTER <b>\$3 FOR 1.5 HOURS</b>	<b>2</b> STRETCH AND TONE <b>YIN YOGA</b> EVANS REC CENTER <b>\$5 DROP-IN FEE</b>	<b>3</b> GRAB YOUR BAIT & POLE <b>FISHING</b> CITY LAKE PARK <b>FREE</b>	<b>4</b> CELEBRATE THE 4TH PICNIC IN A <b>MESQUITE PARK</b> CITYOFMESQUITE.COM/PARKS <b>FREE</b>	<b>5</b> ENJOY A GAME OF <b>DISC GOLF</b> PORTER, DEBUSK & PASCHALL PARK <b>FREE</b>	<b>6</b> GET AN INTRO TO <b>ARCHERY</b> WESTLAKE SPORTS CENTER <b>FREE</b>
<b>7</b> RIDE A BIKE <b>HERITAGE TRAIL</b> CITYOFMESQUITE.COM/HTMAP <b>FREE</b>	<b>8</b> TRY <b>KARATE</b> DUNFORD REC CENTER <b>FIRST TIME FREE</b>	<b>9</b> PLAY <b>PICKLEBALL</b> RUTHERFORD REC CENTER <b>FREE</b>	<b>10</b> DANCE <b>URBAN SOUL            LINE DANCING</b> FLORENCE REC. CENTER <b>\$5 DROP-IN FEE</b>	<b>11</b> ENJOY <b>FAMILY SWIM</b> CITY LAKE AQUATIC CEN. <b>\$10 FOR FAMILY OF 4</b>	<b>12</b> CELEBRATE PARKS & RECREATION MONTH <b>LUAU POOL PARTY</b> CITY LAKE AQUATIC CEN. <b>FREE</b>	<b>13</b> LEARN <b>TENNIS</b> WESTLAKE SPORTS CENTER AGES 10 & UNDER <b>FREE</b>
<b>14</b> DISCOVER TREASURES <b>GEOCACHING</b> CITYOFMESQUITE.COM/GEO <b>FREE</b>	<b>15</b> TRY <b>LINE DANCING</b> RUTHERFORD REC. CENTER <b>\$10 PER MONTH</b>	<b>16</b> JUMP IN <b>AQUA ZUMBA</b> VANSTON POOL <b>\$7 DROP-IN FEE</b>	<b>17</b> SWIM AT <b>ADULTS 18+ SWIM</b> CITY LAKE AQUATIC CEN. <b>\$1 PER PERSON</b>	<b>18</b> WALK <b>CITY LAKE TRAILS</b> CITY LAKE PARK <b>FREE</b>	<b>19</b> PLAY <b>SAND VOLLEYBALL</b> TOWN EAST PARK <b>FREE</b>	<b>20</b> PLAY <b>TEEN HOOPS</b> FLORENCE REC. CENTER AGES 13 - 18 <b>FREE</b>
<b>21</b> HIT GOLF BALLS AT THE <b>DRIVING RANGE</b> MESQUITE GOLF CLUB <b>\$6 - \$12</b>	<b>22</b> TRY <b>KARATE</b> EVANS REC. CENTER <b>FIRST TIME FREE</b>	<b>23</b> TRY <b>SWING OUT DANCE</b> RUTHERFORD REC CENTER <b>\$5 DROP-IN FEE</b>	<b>24</b> ENJOY <b>ADULT SWIM</b> CITY LAKE AQUATIC CENTER <b>\$1 AGES 50+</b>	<b>25</b> TRY <b>WATER EXERCISE</b> CITY LAKE AQUATIC CENTER <b>\$35 / 4 SESSIONS</b>	<b>26</b> BRING YOUR DOG TO THE <b>LEASH FREE ZONE</b> TOWN EAST PARK <b>FREE</b>	<b>27</b> SHOP <b>MESQUITE            MARKETPLACE</b> HERITAGE SQUARE <b>FREE</b>
<b>28</b> BE A KID <b>PLAYGROUND            FUN</b> VALLEY CREEK PARK <b>FREE</b>	<b>29</b> GET FIT <b>SWIM LAPS</b> TOWN EAST POOL <b>\$1</b>	<b>30</b> ENJOY <b>DANCING TO            RECORDS</b> EVANS REC CENTER <b>FREE AGES 50+</b>	<b>31</b> PLAY <b>TENNIS</b> CANNADAY PARK <b>FREE</b>	<b>FOR FULL DETAILS VISIT:  <a href="http://WWW.CITYOFMESQUITE.COM/JULY">WWW.CITYOFMESQUITE.COM/JULY</a>  <b>972-216-6260</b></b>		